





**IF FOOD WASTE** 

**WAS A COUNTRY** 

IT WOULD BE

THE WORLD'S

**THIRD LARGEST** 

**PRODUCER OF GHGS** 

service industry annually

**Companies** that waste less

**INCREASE** THEIR MARGINS BY/

3.3%

Every day in Canada we waste



470,000 heads of lettuce



1,200,000 tomatoes



2,400,000 potatoes



750,000 slices of bread



1,225,000 apples



555,000 bananas



450,000 eggs



1,000,000 cups of milk

## 1 TONNE

**LESS FOOD WASTE** 



Equivalent to one less car on the road for one year



5 tips for

reducing your

costs by 2 to 6%

Minimize the number of ingredients



Check the expiry date



3 Use leftovers



**Review** preparation techniques



**Monitor waste** by weight